

## Apathy, Depression and Anhedonia Measure (ADAM)

- a) Age: Click or tap here to enter text.
- b) Gender: Choose an item.
- c) What is the highest level of education you have completed? Choose an item.
- d) If none of the options in the previous question apply to you, please enter the number of years of formal education you have received: Click or tap here to enter text.
- e) Are you currently taking any antidepressants? Choose an item.

Which option best describes you over the last two weeks, including today?

	Strongly Agree	Some-what Agree	Some-what Disagree	Strongly Disagree
1 I don't like to laze around.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
2 I start conversations with random people.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
3 I feel bad when I hear an acquaintance has an accident or illness.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
4 I would enjoy my favourite television or radio programme.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
5 I would enjoy seeing other people's smiling faces.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
6 I would find pleasure in the scent of flowers, the smell of a fresh sea breeze, or freshly baked bread.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
7 I feel guilty regarding most aspects of my life.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1	<input type="checkbox"/> 0
8 I have lost all interest in sexual activity.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1	<input type="checkbox"/> 0

Please read the following two groups of statements carefully and then pick out the one statement in each group that best describes the way you have been feeling during the past two weeks, including today.

### 9. Sadness

- 0 I do not feel sad
- 1 I feel sad occasionally
- 2 I feel sad constantly
- 3 I feel so sad that it's unbearable

### 10. Crying

- 0 I cry no more than I used to
- 1 I cry more frequently than I used to
- 2 I find myself crying in response to even minor things
- 3 I feel the urge to cry but am unable to cry